



~ *Herbert Spencer*



*Legally Speaking, Attaching Rules* to write-in voting is legitimate. “We, the American People,” were we so disposed, could make a case attaching rules to write-in voting infringes on America’s federal (U.S./National) Constitution 1<sup>st</sup> Amendment rights. A sensible rule for write-in voting would be names written in must be legible. Making rules for whom we may write in goes beyond clarity to coercion.

“Even if you’re on the right track, you’ll get run over if you just sit there.”

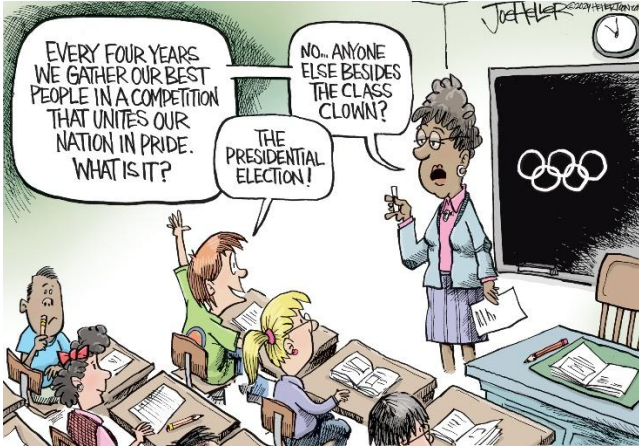
~ *Will Rogers*



*It Does Not Speak Well* for “Us, the American People” to allow our government to make rules for whom we, a sovereign citizenry, may chose to represent our interest in government halls. We are fools to try constraining Liberty to comply with our personal attitudes, values, and beliefs (PAVB). It is especially so when we are condoning government power to impose such containment through law.

“Don’t think there are no crocodiles because the water is calm.”

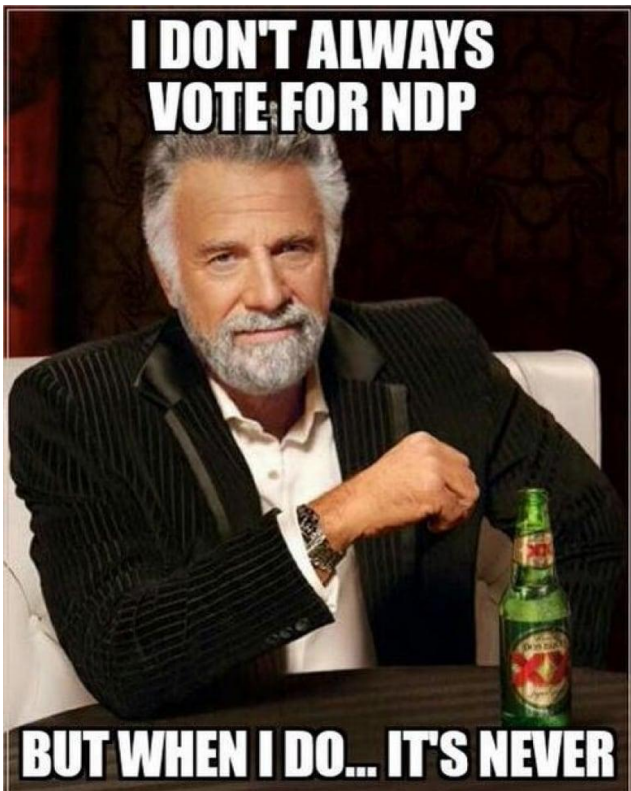
~ *Malayan proverb*



Requiring Prospects For Write-In Voting to register as election candidates may be a far worse infringement on free elections than gerrymandering voting districts could ever be. Gerrymandering is an effort to corral voters. Gerrymandering, despite its manipulative character, does not regulate choice. Our voting franchise may be our last line of defense against PAVB tyranny. Let it not be compromised.

“Mankind will in time discover that unbridled majorities are as tyrannical and cruel as unlimited despots.”

~ *John Adams*



People Intending To Live In Liberty do not allow legislators – or other public officials within These United States of America, to subsidize private enterprise with public money. They uphold free markets.

“Private property was the original source of freedom. It still is its main bulwark”



**(Images courtesy an AAH reader - D)**

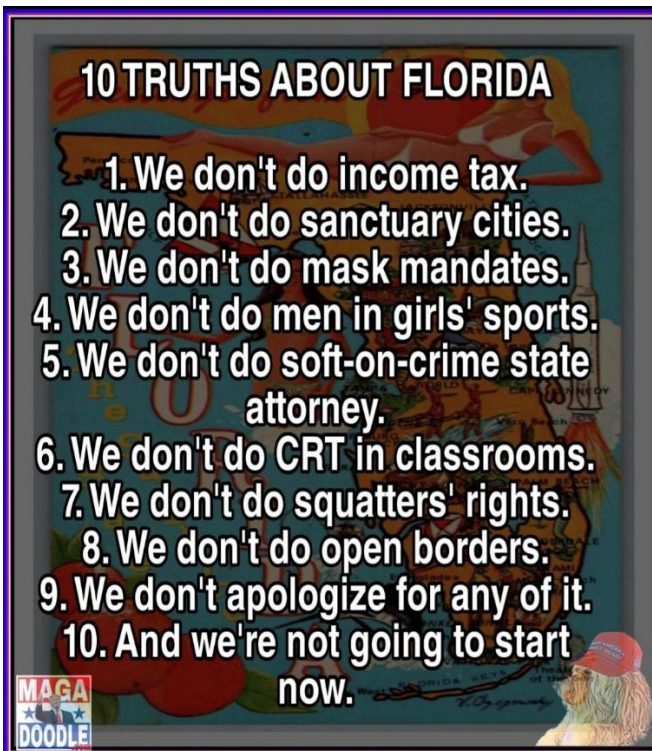
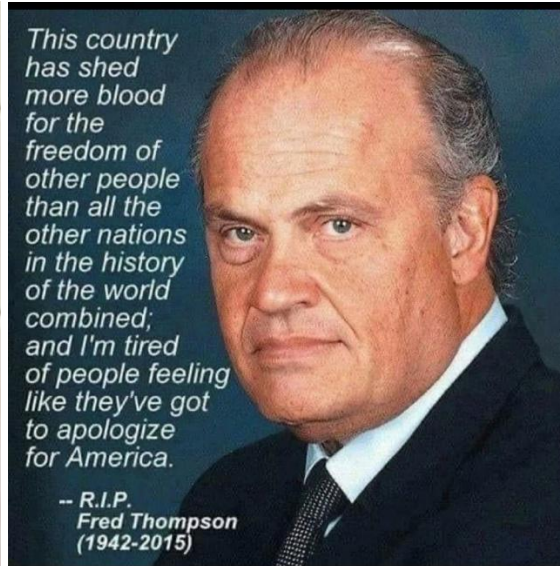
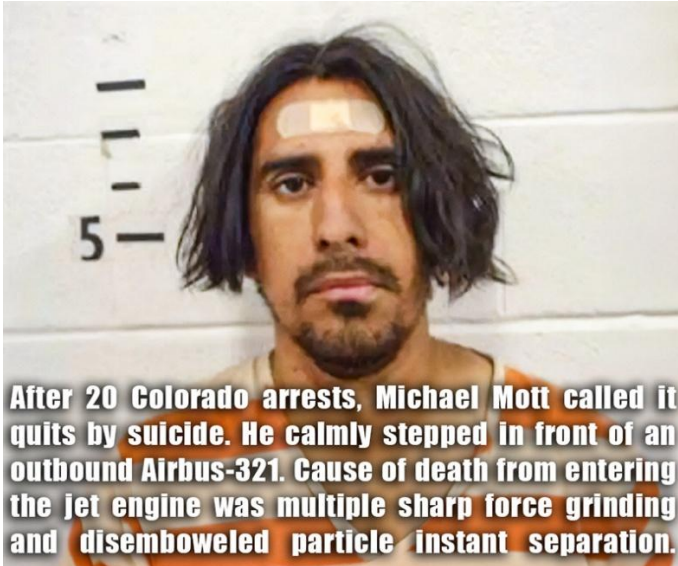
Tuesday,  
May 19<sup>th</sup>, 2026

Liberty Lovers,

**US-debt-clock.com Tallies** (U.S. National Debt at \$\$\$ **38,901,375,736,854**. Read more at: <https://commodity.com/data/usa/debt-clock/>. Interest Payments Per Year \$ **227,417,880,760**,  
/// Interest Payments Per Second \$7,211 /// National Debt Per Citizen \$\$\$**116,123** /// Debt as  
% of GDP **136%** /// GDP Of United States: \$ **30,615,743,000,000**. /// United States  
Population 347,508,058. Read more at: <https://commodity.com/data/usa/debt-clock/>.  
([www.usdebtclock.org](http://www.usdebtclock.org) has National Debt @ \$\$ **39,245,724,522,786**. - Every American Taxpayer Now  
“Owes” The (federal) State" **\$357,070**; every citizen **\$114,155**.

*Graphic messages are designed at no cost to ADVOCATE FOR the US Constitution, commendable achievements, KJV Bible wisdom, conservative politics, American exceptionalism, patriotic heroes, God, family, country and occasional humor. This organization opposes-detests-all cult activities and including pedophilia, abortion, murder, decapitation, Islam, false religions, liars, satanism, kidnapping, human sacrifices, BLM, communism, trash pandas, antifa, depopulation, crooks, thieves, moldy quanza, illegal immigration, MS 13, antisemitism and other illicit activities—especially elected representatives hiding behind slick suits with big smiles, who are dead-on sold-out to bribery, excessive taxation, brutal regulations, and international espionage. Hanging of convicted traitors is okay. If you are for the positives and against the negatives, we are with you. Please forward to as many as possible—anyone. If any of the negatives strike a sharp hurtful nerve, unsubscribe. We will know. D*

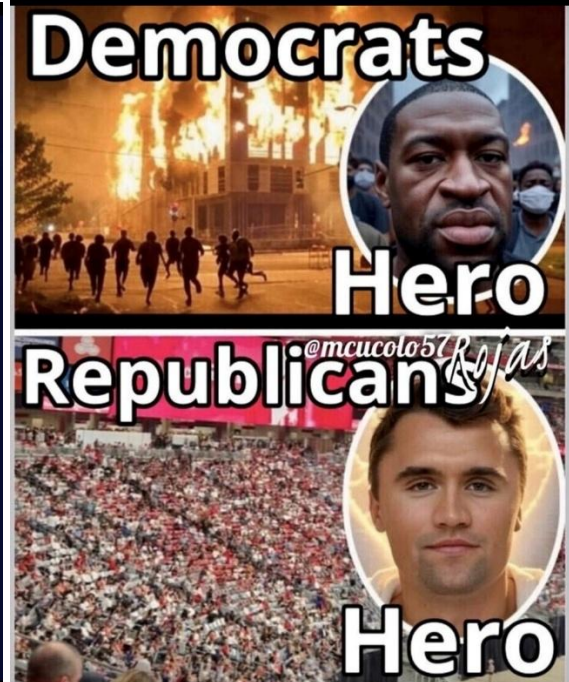
“It’s wrong for someone to confiscate your money, give it to someone else, and call that “compassion.””  
~ **Harry Browne**



**There Are, Oft As Not, Times** when “Our, the American People’s” leaders (questionable term) act like they never ventured into a place of learning. Media is running a couple germane articles. One article goes into some detail on Old Dominion Commonwealth governor letting inquiring minds know Old Dominion Commonwealth will conduct Election 2026 with old districting maps. There is a reason.

“Whatever the issue, let freedom offer us a hundred choices, instead of having government force one answer on everyone.”

~ **Harry Browne**



**May 6, 2026:**

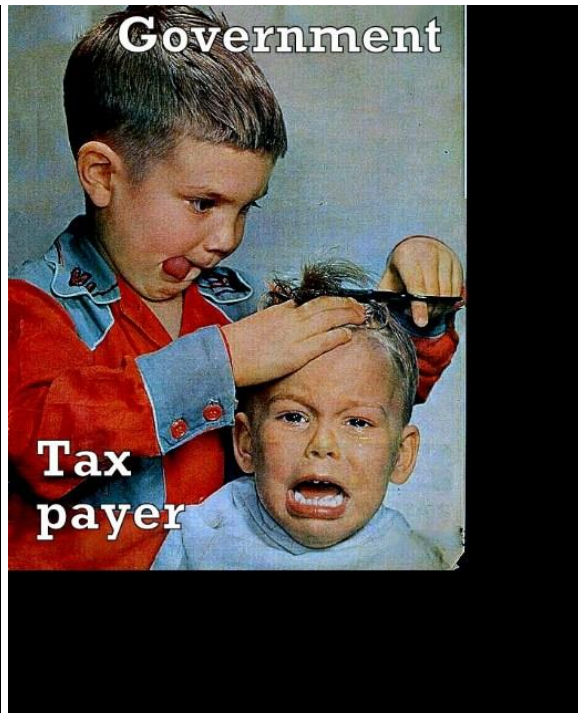
**President Trump has become so unpopular that almost every single candidate that he endorsed won their primaries on Tuesday.**



**Old Dominion Commonwealth Efforts** to gerrymander Old Dominion Commonwealth voting districts so one major party would have a – theoretically, at least - advantage failed. “We, the American People,” could, were our thinking caps on, consider such information coming from Old Dominion Commonwealth’s governor as rhetoric. Media article used nearly 400 words and a video to explain.

“I want a government small enough to fit inside the Constitution.”  
 ~ *Harry Browne*

Americans Aren't Running for Office in India, China, or Somalia. Why Are We Letting Everyone Come Here and Run for Office!



This is the most corrupt, Godless, and criminal Democrat Party this country has ever seen.

This is not politics as usual. This is a party that has lost its mind, lost its morals, and lost any shame it once had.

Americans better wake up.



**4 BASIC RULES**

- 1 ALWAYS treat every gun as if it is loaded.
- 2 NEVER point the muzzle at anything you are not willing to destroy.
- 3 KEEP your finger off the trigger until your sights are on target and you have decided to shoot.
- 4 BE SURE of your target and what is beyond it.

**FIREARM SAFETY**

FRONT SIGHT, SLIDE, REAR SIGHT, MUZZLE, TRIGGER GUARD, TRIGGER, MAGAZINE, SAFETY

**SAFE STORAGE**

- Store firearms unloaded.
- Use a gun safe or lock box.
- Keep ammunition separate.
- Keep out of reach of children.

**REMEMBER**

Safety is everyone's responsibility.

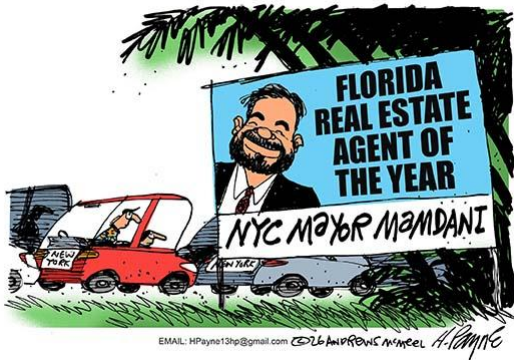
**TENNESSEE BECOMES THE FIRST U.S. STATE TO REQUIRE GUN SAFETY COURSES IN ALL PUBLIC SCHOOLS.**

*In Somewhat Related Media Coverage,* America's Supreme Court of the United States (SCOTUS) Justice Ketanji Brown Jackson is featured calling for "Us, the American People" to back judicial

independence. SCOTUS Justice Jackson is of a mind judicial independence is threatened when court decisions come under fire or court officers are beholden to special interest. There're oaths of office.

“Immigrants used to come to America seeking freedom of speech, freedom of religion, and freedom from government. Now they come looking for free health care, free education, and a free lunch.”

~ *Harry Browne*



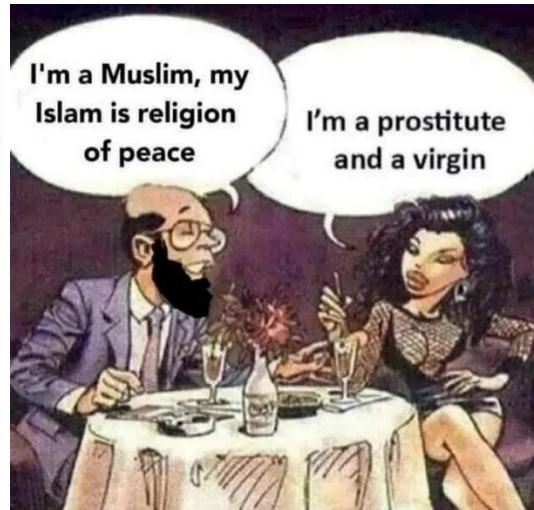
## British Citizens Politely Ask If They Can Be Liberated From Radical Islam Next



SCOTUS Justices Swear OR Affirm Twice. Firstly SCOTUS Justices vow to uphold Constitutional precepts and protections. Secondly, SCOTUS Justices vow to be fair and impartial. Wouldn't be much of a stretch to conclude fair and impartial constitutes independence. Wouldn't be much of a stretch to conclude Justice Brown Jackson wants Americans to pressure SCOTUS to conform to her expectations.

“The free market punishes irresponsibility. Government rewards it.”

~ *Harry Browne*



People Committed To Live In Liberty do not allow legislators – or other public officials within These United States of America, to define or limit their 10<sup>th</sup> Amendment powers beyond Constitutional constraint. They exercise self-government to preserve their liberty.

“Republicans campaign like Libertarians and govern like Democrats.”

~ *Harry Browne*

Think it Through, See It Through

"I gave my life for freedom -- This I know; For those who bade me fight had told me so."

~ *William Norman Ewer*

- It's your property, not "State" property.
- "A limited government is a contradiction in terms."



**AAH Considers Beth Ann's Observations** on point in "Our, the American People's" clash with those who would undermine Liberty.

**Please Help Spread** Beth Ann's message far and wide.

**Liberty Relies On Strength** in numbers.

Forwarded this email? [Subscribe here](#) for more

# The First Amendment for Dummies; I Mean Democrats

Oh those kids! We can't leave them alone for a minute.

BETH ANN

JUN 9



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**Upgrade to paid**

6-9-2025

I'm back from a 2-week vacation; my first ever! When the news started revealing the latest, I couldn't help but remember what it was like as a mom, and leaving the kids alone... there were fights and broken "stuff," furniture, arms, and such... Deja vu? Or simply a mom of a large family having a bit of PTSD? Whatever the case, I feel I cannot leave again!

It's difficult to believe how absurd and stupid the media in America has grown. Don't they have "college educations?" Did they not have mothers that taught them right from wrong? This is a sad but actual quote from ABC7 Los Angeles Anchor, Marc Brown, regarding the LA riots; *"It could turn very volatile, if you move law enforcement in there the wrong way, turning what is just a bunch of people **having fun watching cars burn**, into a massive confrontation and altercation."*

### **Oh Those Kids! Rioting and having fun!**

Anchor Marc Brown must be a pyromaniac if he believes it's "fun" to watch other people's cars burn, and if he believes that burning cars is not an act of violence but normal protesting behavior. His logic is twisted indeed, if he believes that you shouldn't send law enforcement to a protest gone riot, to stop the violence from escalating further. Nothing to see here, just burning a few cars and making marshmallow smores; it's how we like to protest!

***Leave us alone to our violent protests, or we'll burn you!*** I don't know that any paid-for protestor/rioter actually said that but that had to be what they were thinking when they threw Molotov Cocktails at LA Police officers.

The democrats are promoting violence because they are violent! They have no love for America or for Americans, and they hold no respect for our U.S. Constitution or our Bill of Rights. They love the criminals of foreign nations, they love them to take American jobs, and they love it when those who cannot speak English attack Americans. Democrats cheer the illegals when they injure and maim police with their violent behavior. Democrats silently praise human trafficking with their support of illegal alien human traffickers. Democrats promote the absurd LEFT agenda to create chaos for the specific political purpose; it is their goal to institute the deconstruction of America's governance and culture. The democrats love to blame President Trump for their violence, after all, he drove them to it when he set the goal to **"Make America Great Again!"**

It seems very strange to me that it is necessary to break down and explain the First Amendment to democrats, their paid-for media and their paid-for rioters, but it seems that we must.

There is no place in the First Amendment defending rioting and violence, in fact, it is the opposite. The language of the First Amendment is the opposite of all that the democrats defend and promote.

### **First Amendment for Dummies!**

***“Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.”***

With respect to the language addressing religion, Congress shall not encroach on our religious faith, and government is not allowed to be a directive in our churches. The First Amendment does not imply that the church stay out of government affairs. Congress decided to micromanage religion along with our places of worship through the backdoor of tax-exempt status papers. With this “permission slip” from Congress and the Internal Revenue Service, your pastor better not bring up politics or cross whatever line they’ve decided to draw as a religious freedom boundary.

**The free exercise thereof** means you can pray at ballgames, school events, clubs and you can pray or preach on the street corners and in front of abortion clinics. You cannot bomb the clinics or burn them. Nor should you burn, or bomb pregnancy help centers, however, the democrats are ok with that; after all, they are only helping mothers birth babies who they believe should have been aborted.

**The free exercise thereof** does not give you permission to block entrances to buildings, roads or highways. Your protest should not instill violence or inhibit

the ability of others to go about their lives. Blocking highways and roads can endanger others and is not a part of a peaceful, public protest.

**Freedom of the press and of speech** is not the right to lie or to slander others. You have the right to disagree with government and to voice that disagreement in an honest and dignified manner. You have the right to protest (peacefully)... chanting, singing, marching, holding signs that support your position, host townhalls or other meetings. You can write letters, distribute petitions and gather support for your cause. The First Amendment does not give you the freedom to threaten lives, to injure others, to destroy property or to burn and pillage the community; those actions are not defined as peaceful assemblies!

Governor Gavin Newsom and Mayor Karen Bass are claiming that President Trump had no right to “takeover” the state’s National Guard and order them to LA. They are also claiming that the act of deploying the National Guard escalated the situation. Mad Maxine Waters made the same claim, however the Chief of Police there in LA stated that was highly unlikely, since very few of the troops are even there yet. However, Gavin, you should understand this one thing; when you allow your protesting rioters to attack Federal Officers and agents, it is you that turned the situation into a “federal case!” (OMGosh, how did I miss that the mayor is a “Karen”?)

Governor Newsom is now suing President Trump for protecting his state! Mayor Karen Bass might be issuing another personal investigation, as to how she missed the riots. Newsom has also dared Tom Homan, President Trump’s Border Czar, to come and arrest him. I suggest, Mr. Governor, that you join the front line of the protestors and throw a few peaceful Molotov Cocktails, if you’re serious. However, we all know that you and Mayor Karen are cowards.

By the way, Maxine, you might want to check the Constitution and look at the job description of the President... Hint: *The Executive Branch of the U.S. government, as established by Article II of the Constitution, is led by the President, who is responsible for **enforcing laws** and acting as head of state and Commander-in-Chief.* Maxine, the laws President Trump is enforcing are the

laws you and others in Congress approved. Enforcing the laws that Congress passed, does not a dictator make!

So, just who are these rioting protestors actually protecting from the mean old ICE officers? Well, you might be surprised that while the protestors claim ICE kidnapped these folks, they did not...They arrested known criminals, not, Home Depot's Employees of the month! (By the way, if you're an American business who is knowingly hiring illegal aliens... shame on you!)

Let us see just who these sainted non-citizens are, that ICE is "kidnapping" and deporting.

According to ICE, and as reported in "**The Center Square,**" among those arrested were violent men, who were all in the country illegally:

**Vietnamese national Cuong Chanh Phan,** convicted of second-degree murder; **Filipino Rolando Veneracion-Enriquez,** whose criminal history includes burglary in Ontario, Calif.; sexual penetration with a foreign object with force and assault with intent to commit rape in Pomona, Calif.; **Mexican national Lionel Sanchez-Laguna,** with a criminal history in Orange Calif. of discharging a firearm at an inhabited dwelling and vehicle; battery on spouse or cohabitant; willful cruelty to a child; driving under the influence; assault with a semi-automatic firearm; and personal use of a firearm; **Mexican national Armando Ordaz** whose criminal history includes sexual battery and petty theft in Los Angeles and receiving known stolen property in Norwalk, Calif.; **Francisco Sanchez-Arguelloa** whose arrests include grand theft larceny charges and possession of a prohibited weapon; **Ecuadoran Jose Gregorio Medranda Ortiz,** whose criminal history includes conspiracy to possess with intent to distribute five kilograms or more of cocaine while on board a vessel in Tampa, Florida; **Mexican national Victor Mendoza-Aguilar** whose criminal history in Pasadena includes a conviction for possessing unlawful paraphernalia; possessing controlled substances; assault with a deadly weapon, not firearm; obstructing a public officer; **Mexican national Delfino Aguilar-Martinez,** whose criminal history includes assault with a deadly

weapon with great bodily injury in Los Angeles; **Peruvian national Jose Cristobal Hernandez-Buitron**, convicted of robbery; **Honduran national Jordan Mauricio Meza-Esquibel**, whose criminal history includes arrests for distribution of heroin and cocaine and domestic violence; **Mexican national Jesus Alan Hernandez-Morales**, whose criminal history includes conspiracy to transport an illegal alien in Las Cruces, New Mexico. (aka a human trafficker)

***Sounds like a new group of democrat prodigies!***

If the Governor of California had actually been doing his job and obeying the federal laws, all these criminals would already be behind bars and all ICE would have had to do was pick them up and empty out a bit of California's prison space.

**I left town for a couple of weeks and what happens?** An illegal alien living in the unsafe state of Colorado, decides to torch Jewish Americans; his intention to burn them alive. Riots, defined as mostly peaceful, by the LEFT, break out in LA.; Trump and Elon have a fight over the "Big Beautiful Bill," and Karine Jean Pierre defects from her party and claims she's now an Independent. After lying to Americans for years, she writes a book, "**Independent: A Look Inside a Broken White House, Outside the Party Lines.**" (Due out in October) ... and then...Terry Moran (aka ABC's moron) gets suspended for insulting Stephen Miller and the President of the United States... proving the absolute non-partisanship (satirically speaking) of ABC and their so-called-journalists.

**I can never leave these children alone again!**

**Bring America Home©**

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### **Think it Through, See It Through**

"I gave my life for freedom -- This I know; For those who bade me fight had told me so."

~ ***William Norman Ewer***

• It's your property, not "State" property.

"A limited government is a contradiction in terms."

~ ***Robert LeFevre, The Fundamentals of Liberty***

Let Freedom Ring – **Abolish** Direct Taxation

**Require Citizen-Controlled Taxation**

Best Wishes,

Len Ritchey

"Nothing is more difficult, and therefore more precious, than to be able to decide."

~ ***Napoleon Bonaparte***

"No tendency is quite so strong in human nature as the desire to lay down rules of conduct for other people."

~ ***President Taft***





**There Are Few To No Prospects** “Our, the American People’s” legislators, government chief executives, and judges will find corroboration to assuring Americans their government will uphold and defend America’s Constitutional precepts and protections. There is ample evidence those officials will try making their personal attitudes, values, and beliefs (PAVB) lawfully compulsory. Compulsory.

“A society that puts equality ... ahead of freedom will end up with neither equality nor freedom.”  
~ ***Milton Friedman***



**Congressional House Minority Leader Hakeem** Jeffries is on record vowing his party will retake House majority control, come Election 2026, despite court redistricting decisions Jeffries maintains woefully undemocratic, favoring GOP redistricting plots to suppress votes opposing GOP legislative aims. “We, the American People” would be smart to work toward abolishing PAVB-driven government.

“Government is about coercion.”  
~ ***Dr. Walter Williams***



**Getting Rid Of PAVB-Driven Government** will not be a slam dunk. America’s commonwealth, federal (U.S./National), and state Constitutions authorize America’s legislators to make laws they see fit to uphold and protect Constitutional precepts and protections. There being no incontrovertible legislative-judicial standards, legislators are, essentially, empowered to interpret Constitutionality by PAVB.

“Few men desire liberty; most men wish only for a just master.”

~ *Sallust*



**Government Constitutional Power To Make**, implement and enforce selective, arbitrary, and discriminatory legislation, taxation, and regulation (SADLT&R) does not keep “Us, the American People,” a sovereign citizenry, from striking SADLT&R inconsistent with our inalienable right to life, Liberty, and pursuit of happiness. Nor, must we ask permission to oust PAVB-driven SADLT&R.

“It is hard to imagine a more stupid or more dangerous way of making decisions than by putting those decisions in the hands of people who pay no price for being wrong.”

~ *Thomas Sowell*



**People Determined To Live In Liberty** do not allow legislators – or other public officials within These United States of America, to enact legislation or regulations requiring any private business to accept collective bargaining organizations. They stand by free markets and limited government.

“Gun bans don’t disarm criminals, gun bans attract them.”  
 ~ **Walter Mondale**



**Think it Through, See It Through**

"I gave my life for freedom -- This I know; For those who bade me fight had told me so."

~ **William Norman Ewer**

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